

Route 9W, West Haverstraw, New York 10993 1-888-70-REHAB (73422) | helenhayeshospital.org

Ski Program Registration

2021-2022



Mountain Creek Resort Adaptive Sports Program at Mountain Creek

200 Route 94, Vernon Township, New Jersey 07462 mountaincreek.com

Today's Date	/			☐ I am	a Military Vetera	in
Name	Last		First		Initial	
Address	Street					
	City		State		Zip	
Contact Info	Primary Phone Number	☐ Home ☐ Cell ☐ Work	Alternate Pho	one Numb	☐ Home ☐ Cell ☐ Work Der	
email Address	Print Clearly! email					
Gender	☐ Male ☐ Female ☐ Date of Birth ☐ Age					
Emergency Contact	Name	Prim	ary Phone Nur	Home Cell Work	Alternate Phone 1	□ Home □ Cell □ Work Number
Disability	□ SCI□ Cerebral Palsey□ Amputee□ MS	□В	:VA/Head Inju lind/Visual u ther	ıry		
Height/Weight	Height		Weight			
Parent/Guardian (if under 18)	Does the participant half the answer is YES, the sign the waiver & releative reverse of this page).	ne participa	nt's legal guard	dian or leg	al representative	must
Parent/Guardian Name & Phone	Teverse of this page).			☐ Home ☐ Cell ☐ Work		□ Hom □ Cell □ Work
Name & Phone	Name	Prin	nary Phone Nui	mber	Alternate Phone	Number

(Please Fill out Reverse)

Today's Data	Disability Evalu	ation	2021- 20
Today's Date	Adaptive Sports Program a		
Name	Last	First	Initial
Age	Date of Birth	☐ Male ☐ Female	Date of Injury/Onset
Disability	SCI Level Complete Incomplete	Amputee	CVA R hemi L hemi Other
	CP Type Hemi Lower Upper Single	Cognition	☐ Visual ☐ Total ☐ Partial ☐ Describe
	Other Disabilities or Additional Comments		
Seizures	☐ Yes☐ No☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	☐ Grand Mal ☐ Petit Mal	Controlling Med:
Medications			
Physician	Name	Phon	е

	Initial Assessment & Lesson Use this page for first lesson of season.	1 2021 - 2022 Alerts & Cautions
	Date:	
	Student Name:	
	Evaluatava	
Capacity	 Physical: strength, balance, stance, gait Attitude: motivated, fearful, happy, oppos Intellectual: awareness, language, memory Other Observations 	
Lesson Input	Lesson Goals Today	Secondaries
SSC	Today's lesson goals achieved? ☐ Yes ☐	No Partial
Le	Starting Skill Level:	
Equipment	Equipment: Owns Rents Mono Ski Bi-Ski: model # color snow ski: Outriggers # Rentals #/size Ski Bra type Tether	Describe settings, modifications, seating adj., issues, & other pertinent information helpful to lessons.
18.5	Progression (worked on today)	What you did out there.
Lesson Outcomes	☐ Equipment/Flatland Drills ☐ Gliding Wedge ☐ Wedge Turn - 1 Direction ☐ Linked Turns (circle): Wedge/W. Christie/Open Parallel/Parallel Skills (worked on today) ☐ Balance ☐ Rotary Movements ☐ Edge Control ☐ Pressure Control Chairlift Load/Unload	Progression & Skill Development (focus on teaching, teaching adaptations, tricks, etc.).
Le	☐ Assist ☐ Independent Environment Snow Conditions Trails/# Runs Skier Level ① ② ③ ④ ⑤ ② ⑤ ② Duration	Next time (things to try, what needs reinforcement, what can be progressed, things to be aware of).

Lesson Notes 2021-2022 D	te: Student Name:					
Instructors: Primary	Secondaries					
Goals Today						
Instructors: Primary Goals Today Today's lesson goals achi Starting Skill Level: 2	Today's lesson goals achieved? ☐ Yes ☐ No ☐ Partial					
Starting Skill Level:						
☐ Mono Ski ☐ Bi-Ski:	Describe settings modifications	, seating adj., issues, & other pertinent				
model #	information helpful to lessons.	,,,				
colorsnow ski: Outrigger # Rentals #/size						
Outrigger #						
Rentals #/size						
Ski Bra Type		nt (focus on teaching, teaching adaptations,				
Tether	tricks, etc.).	to closed on teaching, teaching adaptations,				
Progression (worked on t						
☐ Equipt./Flatland Drills ☐ ☐ Wedge Turn - 1 Direction	Oliding Wedge					
	۵					
Wedge/W. Christie/Open	arallel/Parallel					
Skills (worked on today)						
☐ Balance ☐ Rotary Mover☐ Edge Control ☐ Pressure	Control Next time (things to try, what he	eds re-enforcement, what can be progressed,				
Skier Level 1 2 3 4	things to be aware of the					
Wedge/W. Christie/Open Skills (worked on today) Balance Rotary Mover Edge Control Pressure Skier Level 2 3 4 Chairlift Load/Unload						
☐ Assist ☐ Independent						
Environment						
Snow Condition	Trails/# Runs	Duration				
Date: Inst	ructors: Primary Seconda	anion.				
ā	Seconda Seconda					
□ □	eved?□Yes □No □Partial					
Today's lesson goals achi Starting Skill Level: 2						
☐ Mono Ski ☐ Bi-Ski:		Cakhar mankinank				
model #	information helpful to lessons.	s, seating adj., issues, & other pertinent				
colorsnow ski: Outrigger # Rentals #/size						
Outrigger #						
Rentals #/size						
Ski Bra Type						
Tether	Progression & Skill Developme tricks, etc.).	ent (focus on teaching, teaching adaptations,				
Progression (worked on t	V)					
☐ Equipt./Flatland Drills ☐	Gliding Wedge					
Wedge Turn - 1 Direction						
Linked Turns (circle): Wedge/W. Christie/Open	Parallel/Parallel					
Skills (worked on today)		needs reinforcement, what can be progressed,				
O □ Balance □ Rotary Move						
Linked Turns (circle): Wedge/W. Christie/Open Skills (worked on today) Balance Rotary Moven Edge Control Pressure Skier Level 2 3 4 5 Chairlift Load/Unload						
Skier Level 1 2 3 4 5	9 9 8 9					
Chairlift Load/Unload ☐ Assist ☐ Independent						